

**DEPARTMENT OF SOCIAL AND HEALTH SERVICES (DSHS)
MEDICAL ASSISTANCE ADMINISTRATION
Olympia, Washington**

To: Snohomish County Providers
Skagit County Providers
Island County Providers
King County Providers
Whatcom County Providers
Managed Care Plans

**Memorandum No. 05-87 MAA
Issued: September 28, 2005**

**For further information,
Call: 1-800-562-3022**

From: Douglas Porter, Assistant Secretary
Health & Recovery Services Administration (HRSA)

Kathy Leitch, Assistant Secretary
Aging & Disability Services Administration (ADSA)

**Subject: Washington Medicaid Integration Partnership (WMIP) Project: Expanded
Mental Health Benefits**

Effective for dates of service on and after October 1, 2005, DSHS will add expanded mental health services to WMIP project for SSI and SSI-related clients residing in Snohomish County. This memorandum informs providers of changes to the WMIP project and how to get more information.

What is the Washington Medicaid Integration Partnership (WMIP)?

On January 1, 2005, the Department of Social and Health Services (DSHS) contracted with Molina Healthcare of Washington, Inc. (Molina) to pilot a managed care project in Snohomish County called WMIP. Molina currently provides medical and chemical dependency services to eligible medical assistance clients through its provider network. On October 1, 2005, DSHS will extend the contract to cover additional mental health benefits. The focus of this voluntary project is to make available a model for integrated healthcare that uses a team of care coordinators. Molina's care coordination team will work with clients to identify potential health issues, and coordinate services. The coordination team also will assist clients in treatment follow through.

The care coordination model will:

- Focus on preventive healthcare;
- Prevent unnecessary hospitalizations;
- Reduce the need for placement in nursing homes;
- Eliminate duplicate prescriptions; and
- Prevent emergency room use for conditions that are more appropriately addressed by physician office visits.



Note: For details about the covered services under the WMIP project, please see the WMIP contract on the WMIP website at <http://maa.dshs.wa.gov/mip>.

What will the mental health benefit expansion look like?

Per calendar year Molina **currently** covers the following services for a WMIP client:

- An initial evaluation session,
- Up to 12 mental health visits, and
- Unlimited medication management.

However, beginning October 1, 2005, the 12-visit limit will be lifted. In addition, the following mental health benefits (when medically necessary) will be included:

- Voluntary crisis intervention;
- Case management;
- Special population evaluation;
- All outpatient services including:
 - ✓ Individual therapy;
 - ✓ Psychological assessment,
 - ✓ Family therapy, and
 - ✓ Group therapy;
- Inpatient services in freestanding evaluation and treatment centers and community inpatient psychiatry units; and
- Community support services, such as:
 - ✓ High-intensity treatment,
 - ✓ Mental health clubhouse,
 - ✓ Day support,
 - ✓ Supported employment,
 - ✓ Rehabilitation case management,
 - ✓ Stabilization services, and
 - ✓ Therapeutic psychoeducation.

Molina will be contracting with existing public mental health service providers in Snohomish County, including:

- Compass Health,
- Bridgeways,
- SeaMar,
- Catholic Community Services, and
- Molina's own contracted network of individual mental health providers.

It is expected that current WMIP mental health clients will experience an efficient transition with this added benefit of Molina's care coordination team to help them each step of the way. The Volunteers of America, who operate the current crisis line for Snohomish County, will continue

to offer 24-hour crisis services, and Snohomish County will continue to provide Involuntary Services for WMIP clients.

How should pharmacists bill for mental health prescriptions?

With the expansion of mental health services under WMIP, Molina will be responsible for payment of ALL covered mental health medications prescribed for WMIP clients if prescribed by a mental health provider (including community mental health agencies).

Billing claims for mental health prescriptions must be sent directly to Molina Healthcare of Washington. **DO NOT** bill DSHS under the fee-for-service program by indicating self-referral.

Will long-term care services be added to this project?

Long-term care services may be added to the project in the future. In the meantime, clients should continue to access long-term care services in the current manner.

Where can I get more information about the WMIP project?

- **WMIP Website:**
Check the WMIP website at <http://maa.dshs.wa.gov/mip> for online training, project updates, covered services, and other information.
- **Group Training Sessions:**
Molina and DSHS are partnering to provide several training sessions with mental health providers and stakeholders in Snohomish County during September 2005. If you would like to attend one of these sessions, please contact Molina at 1-800-869-7175 ext. 4107 and ask for Marilyn.
- **Individual Training Sessions:**
DSHS and Molina are in the process of scheduling limited individual training with various provider and stakeholder groups. Please contact Brett Lawton at 360-725-1593 or by email at lawtobl@dshs.wa.gov if you would like to schedule an individual training session.



Reminder: Enrollment in WMIP will be indicated with the acronym “MINT” (Molina Integrated) in the “HMO” field (field 11) on the Medical ID Card. If the column is blank, the client is fee-for-service for the month listed on the Medical ID Card.

Whom do I contact if I have questions?

- Brett Lawton
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Office of Care Coordination
P.O. Box 45530
Olympia, WA 98504-5530
Telephone: (360)725-1593
E-mail: lawtobl@dshs.wa.gov
- To obtain MAA's numbered memoranda and billing instructions, visit the MAA website at <http://maa.dshs.wa.gov> (select the *Billing Instructions/Numbered Memoranda* link).

How can I get MAA's provider issuances?

To obtain MAA's provider numbered memoranda and billing instructions, go to MAA's website at <http://maa.dshs.wa.gov> (click on the *Billing Instructions/Numbered Memoranda* or *Provider Publications/Fee Schedules* link).

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